

Counseling & Psychological Services By The Numbers



FLORIDA
GULF COAST
UNIVERSITY

2015

Number of Students Seen	2012	2013	2014	2015
Unique Headcount of CAPS Clients	1206	1237	1383	1504
Yearly % Change in CAPS Headcount	7.8	2.69	11.8	8.7
Average FGCU Student Headcount	12,681	13,342	14,463	14,824
% of FGCU Students Who are CAPS Clients	9.5	9.3	9.6	10

Number of Appointments	2012	2013	2014	2015
Total of all appointments attended	8434	9916	10831	11741
Yearly % change in total apps	3.9	17.6	9.2	8.4
Overall clinical appointment show rate	73.6	73.6	73.9	76.3
Personal Appointments	5779	6397	6716	6950
Yearly % Change in Personal Appointments	-1.19	10.7	5	2.0
Triage Appointments	494	784	1137	1225
Yearly % Change in Triage Appointments	19.9	58.7	45	7.7
Student Consult Appointments	374	376	399	489
Yearly % Change in Consult Appointments	-2.8	0.5	6.1	22.6
ER Appointments	122	126	179	189
Yearly % Change in ER Appointments	-23	3.2	42.1	5.6

Group Counseling	2012	2013	2014	2015
Appointments (total # clients x total sessions attended)	693	901	1050	1494
Number of Clients	98	101	168	271
Number of Group Sessions	129	147	212	301

Number of Appointments Per Client	2012	2013	2014	2015
1 to 5 Appointments	59.6%	54.9%	57%	57.4%
6 to 10 Appointments	20.8	21.2	18.4	18.0
More than 10 Appointments	19.5	23.9	24.6	24.6
Average # appts per client	6.99	8.02	7.83	7.81

Psychiatry	2012	2013	2014	2015
Total Number of Appointments	979	1336	1253	1394
Total Number of Psych Clients (more than 1 sess)	223	253	248	276
% of CAPS Clients seeing Psychiatrist	18.5%	20.5%	17.9%	18.4%

Outreach Program	2012	2013	2014	2015
Outreach Programs for Students	136	188	177	214
Student Outreach Program Attendees	3163	2920	3849	3683

Reason for Visiting CAPS- 2015 Student Satisfaction Survey

Anxiety	84.69%	Depression	55.10%
Self Esteem Issues	41.84%	Relationship Concerns	22.45%
Stress	72.45%	Academic Difficulties	25.51%
Family Concerns	23.47%		

CAPS Staffing 2015

Permanent staff:

- One Psychiatrist
- Six licensed Psychologists (including the director)
- Six licensed Mental Health Counselors
- Six Trainees

Ratio of FTE Professional Counselors to Student Headcount	2012	2013	2014	2015
FTE:	8.9	9.0	10.2	11.5
Ratio:	1:1445	1:1482	1:1418	1:1289

2015 Client Survey- Selected Items- % Agree

I was able to develop a greater understanding of myself: 80.61%

As a result of my counseling, I am better able to focus on my academic requirements: 63.27%

Counseling made it possible for me to continue as a student at FGCU: 62.24%

I felt comfortable using CAPS and would go again if needed: 93.88%

I would recommend CAPS to others: 92.86%

For More Information Contact Counseling and Psychological Services at 239-590-7950

FGCU Student Affairs
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