

Prevention & Wellness Services

Fact Sheet 2010

University Statistics

Projections for University FTE and Headcount

	2008-09	2009-10	
FTE:	6,439	7,019	
Headcount:	10,238	11,105	
	2010-11	2011-12	2012-13
	7,494	7,958	8,571
	11,865	12,543	13,511

Projected Number of Beds in Housing

Fall '09	Fall '10	Fall '11
2,757	2,757	3,677

Current PWS Staff:

Coordinator: 1

Graduate Assistants: 2

OPS Student Workers: 1
(part-time)

Nurses: 2 (part-time)

Peer Educators: 6

Prevention and Wellness Services (PWS)

- A health education office for emotional, behavioral and physical wellness of FGCU students
- Located in the plaza in the Wellness Center
- Graduate Student Assistantships
- Last year conducted 322 programs for 6,940 participants

Services Include:

- MYSTUDENTBODY (online interactive program for all students and parents)
- Alcohol and Drug Education
- Peers Care (Student group)- student group of trained peer educators
- Health Fair and Guest Speaker Services
- Prevention Extension (Gazebo) 18 times in 2009
- Eagles Rise for Sober Rides (ERSR)
- Nutritionist Care
- Massage Therapy-163 appointments in 2009
- Alcohol EDU-80 sessions in 2009
- Drop-in

Examples of PWS Programs:

- Men's mental health (emotional issues)
- Cookies, cokes and conversation series (housing 6 weeks series)
- Weight loss myths (healthy weight loss)
- Walking Wednesday (noon time walk for all)
- Social hosting (for Greeks)
- Health Fair (all campus event)
- 3Cs of Stress (stress management)
- Sexual Jeopardy (sexual health)
- What's in your lunch? (nutrition)
- McDreamy or McNightmare? (relationships)
- Party Smart (alcohol)
- Fitness-tips-to-go (physical health)
- Free 10 minute massages (stress relief)